



Donning and doffing of medical examination and protective gloves

Step-by-step instructions

It's in your hands –
infection prevention in veterinary medicine



Donning and doffing of medical examination and protective gloves

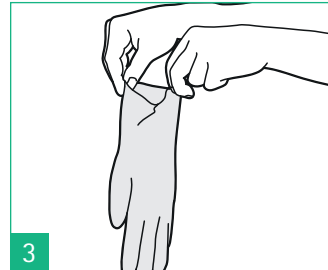
Wearing instructions (4)



Before wearing the protective gloves, ensure a hygienic hand disinfection.



First, remove a glove from the dispenser box.



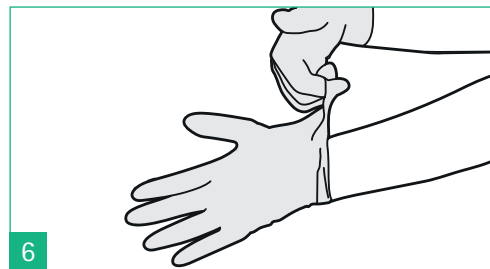
Grasp the glove at the top edge of the cuff.



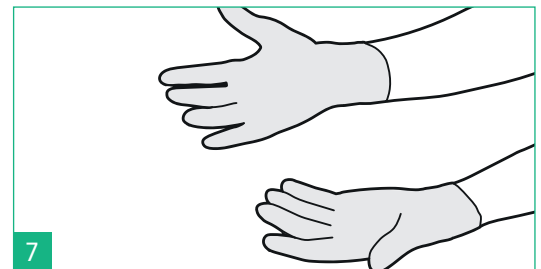
Hold the glove at the upper edge of the cuff and pull it into the correct fit. Take care not to overstretch the glove to avoid a possible tear.



Remove the second glove from the dispenser box.



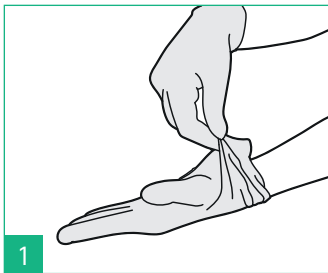
Put on the second glove while avoiding touching the forearm with the gloved hand by sliding the fingers of the gloved hand over the outer side under the cuff edge of the second glove.



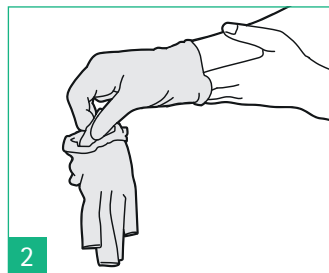
Before starting the work, check the correct fit of the gloves and correct it if necessary without touching the exposed areas of skin. Inspect the gloves for any visible perforations.

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Removal instructions (4)



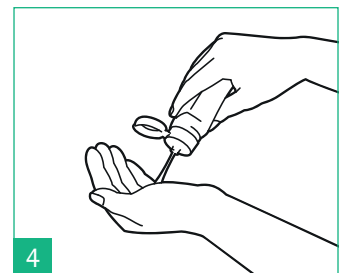
1 Press the first glove at the wrist level, without touching the skin of the forearm. Then pull it away from the hand and turn it from the inside out.



2 Hold the removed first glove in the gloved second hand and bring the fingers of the now "naked" hand between the still touching glove and the wrist. Remove the second glove by sliding it down in the hand and while doing so also turning it from the inside out. The first one will be rolled up with it.



3 Discard the resulting glove ball (the inner side of the gloves is now on the outside) directly into an available waste container.



4 Then carry out a hygienic hand disinfection.

Hint | Wearing artificial/gelled/varnished fingernails, wedding rings and all hand and forearm jewelry is prohibited (5).

Before putting on the gloves, ensure that the hands are clean and completely dry (1, 5).

Before proceeding, select the right size for you:

- To improve comfort and feel
- To avoid overstretching and possible tearing of the glove if the size is too small (4)

Sources

- (1) Robert-Koch-Institut, Medizinische Einmalhandschuhe und Schutzhandschuhe: Indikation und Desinfektion, 01.07.2019, abgerufen: 05.05.2020 von <https://www.rki.de/DE/Content/Infekt/Krankenhaushygiene/ThemenAZ/H/Handschuhe.html>
- (2) KRINKO-Empfehlung: "Händehygiene in Einrichtungen des Gesundheitswesens", Pkt. 6.1 "Medizinische Einmalhandschuhe und Schutzhandschuhe", RKI (Hrsg.)
- (3) KRINKO-Empfehlung "Infektionsprävention im Rahmen der Pflege und Behandlung von Patienten mit übertragbaren Krankheiten", RKI (Hrsg.), Pkt. 2.2 "Barrieremaßnahmen"
- (4) World Health Organization, WHO Guidelines on Hand Hygiene in Health Care, 2009, ISBN 978-92-4-159790-6
- (5) TRBA 250 Biologische Arbeitsstoffe im Gesundheitswesen und in der Wohlfahrtspflege, Ausgabe März 2014, 4. Änderung vom 2.5.2018, GMBI Nr. 15, veröffentlicht unter: www.baua.de