



Hygienic hand disinfection

Step-by-step instructions

It's in your hands –
infection prevention in veterinary medicine



Hygienic hand disinfection

Standard rub method for hygienic hand disinfection in accordance with EN 1500



Palm to palm.



Right palm over the back of left hand and left palm over the back of right hand.



Palm to palm with fingers spread apart.



Outside of fingers on opposite palms with crossed fingers.



Rub the left thumb in a circular motion in the closed right palm and vice versa.



Rub in a circular motion with the fingertips of the right hand closed in the left palm and vice versa.

Apply disinfectant to cupped dry hands. Following the above procedure, rub the product firmly into your hands up to your wrists. Observe the recommended exposure time of the respective product.

Perform the movements of each step five times. After completion of the 6th step, individual steps are repeated up to the specified application time. Remove hand disinfectant again if necessary. Make sure that your hands remain moist for the entire duration of rubbing.